Musculoskeletal Complaints on Hotel Employees in Sanur, Bali

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Abstract

Bali is one of the favorite tourist destination for domestic and international tourists. Consequently open jobs in various sectors and the people of Bali are many who becomes private sector employee. Employee's performance is influenced by various factors so that employees can work with optimal performance. Another factor is the demands of the task, organization, or the environment. When all of these factors has been ergonomically designed so employees can work effectively, comfortable, safe, healthy and efficient, so that at the end of high productivity can be achieved. One work-related disorder experienced by many private sector employees is a musculoskeletal disorder (MSD / Musculoskeletal Disorder). This disorder arises partly because less physiological work attitude, work stations or equipment incompatibility with anthropometric body work, done in a long time without a break, done repeatedly, etc. If not handled properly then musculoskeletal disorders can affect the performance of the employee. The purpose of this study was to determine musculoskeletal complaints of private employees. This study was a cross sectional study using a sample of 46 private sector employees. Musculoskeletal disorders were measured using a questionnaire Nordic Body Map. From the measurement results obtained mean score for musculoskeletal complaints amounted to 38.13 ± 9.01.

Keywords: musculoskeletal complaints, private employees, ergonomic